## From Global Service Team Coordinator - PDG Judith Goodchild

Covid 19 has had its impact on Service and whilst some normal activities are not able to be undertaken at the present many new ways of serving our communities have become important such as providing marshals at Vaccination Centres.

Due to serious illness I was unable to do as much as I would have liked in December and January but I am pleased to say I am almost now back to normal.

This is the fourth year of the Global Service initiative. The initiative covers the five main areas which LCI have asked us to concentrate on. They are: Environment Diabetes Vision Childhood Cancer Feed the Hungry

ENVIRONMENT – It is still possible to do a Litter Pick despite Social distancing and I will be advocating this in the March Sentinel as it would be good to run these on or near to World Earth Day 22<sup>nd</sup> April. I did receive some entries for the MD Photographic Competition and I forwarded these to MDHQ. As regards our Environmental Poster Competition I have not received to date any entries. It may be that this will have to be discontinued as a competition. Covid may have played a part in that schools have been closed for so long although I did suggest that children and grandchildren could take part at home.

DIABETES – the new MD Officer is extremely keen and has held some meetings. He is very committed to raising awareness using a new Initiative, "DT2R", acronym for Diabetes Type Two reversal" - it is also important that we make the clubs aware in our district and non – members ie friends of Lions members, a new initiative by the NHS to "Prevent " diabetes. This scheme is only available for those who have " NOT" been diagnosed with Diabetes. He is also reviewing a booklet on Type 2 Diabetes Remission. District Officers have been asked to comment on it and I will be doing so. When it is published it will be placed in every Doctors' surgeries. I had hoped that we might do some kind of risk assessment at District Convention but this is not possible.

VISION – This District has always been very good at collecting and recycling Speks. Thank you for all your efforts. At the moment Chichester Lions are not able to receive speks due to Covid. As soon as they are up and running I will contact clubs to inform them.

The MD Officer is active and has produced a "Lions in Sight Programme" which embraces the Lions Eye Health Programme, and has four components:

There is A HOW TO GUIDE which will shortly be on the 105SC website which elaborates on these components.

There is also a short training programme which has been created by Lion Sue Taylor who is the MD Sight Officer on Visual Awareness. This will also be on the website and I am happy to work through it

For the future the MD GST team is looking to buy special machines to test children's sight in schools as very often problems are not picked up until it is too late. 105SC will be taking part in this but again Covid is delaying this.

CHILDHOOD CANCER - An MD Officer has now been appointed but to date has not held a meeting. I know that clubs do support children who are sufferers especially those who need very specialised treatment and I would like to hear about such initiatives. I am pleased to say that 105SC now has a Brain Tumour Research Officer Sandra Manktelow. MD see this as a part of Childhood Cancer as the loss of a close relative due to brain tumours causes trauma and distress to children.

FEED THE HUNGRY – I feel this is an area where we do not do enough. Clubs do do their bit especially at Christmas and have been delivering food stuffs during the pandemic but I am sure we could do more especially in helping feed school children during school holidays. Is anyone prepared to help me on this? The MD Officer has held a meeting which was very useful especially in providing information on Magic Breakfast. I passed this information on in a Sentinel article.

I have written a training segment on GST which I am willing to share with any club or Zone. I have made one such presentation to Woodley and Earley Lions Club.

I also took part in producing a future long term plan for the District as requested by DG Steve. This involved quite a bit of work as the template we were using did not even mention GST!

I hope that you will support these campaigns and please remember whatever you do in these areas is helping. Please do record them on my LCI.

I provide news and updates every month in the 105D Times and will continue to do so.

I thank DG Steve for entrusting me to take on this role.

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